Elena Tupyseva was born in Moscow. Since 2002 Ms. Tupyseva is Artistic Director of the Moscow City Theatre “Ballet Moscow”.

In 2005 she graduated from Department of Producers of Russian Academy of Theater Arts (GITIS). She had an internship at Nathional Dance Center “DanceEast” in the UK. In 2010 she was a fellow of a 3 year program for leaders of cultural organization at the John F. Kennedy Center for Performing Arts in Washington DC, USA.

In 1999 - 2001 Ms. Tupyseva organized the work of music expert board of National theater award and Festival “Golden Mask”. In 2001 she became co-founder and director of the International Dance Center “TSEKH”. The main Center's project included annual International Dance Theater Festival “TSEKH and International Contemporary Dance Summer School “TSEKH”

Since 2000 Elena represents Russia in the annual European choreographer discovery competition “Aerowaves”.

In 2009 - 2010 she was invited to curate a contemporary choreography project Intradance held jointly by the French Cultural Center and the German Goethe Institute. Seven new EU-Russian contemporary dance performances were created in seven Russian cities.

In 2011 Elena was a member of the music jury of the National Theater Award and Festival “Golden Mask-11”.